

Home Economics 家政科

Subject information

Home Economics is one of the subjects in the Technology Education Key Learning Area. It aims to enhance students' technological literacy through the development of their ability, understanding and awareness in technology, so as to improve their daily lives and create quality homes.

Home Economics is a compulsory subject in the junior level of our school. Through Home Economics, students can learn basic knowledge of food and nutrition, food preparation and cooking, fabric and dress making, fashion and clothing aesthetic ability, family life, home management and technology.

課程資料

家政科屬於八大學習領域中的科技教育部份。它旨在通過發展學生的科技能力，理解和覺知來提升其科技素養，以改善日常生活，並創造優質家居。

在本校初中家政是必修科。透過學習家政，同學們可於食物與營養、食品的預備與烹調、布料及衣物製作、時裝及服裝審美能力、家庭生活以及家居管理及科技各方面獲得基本的認識。

Assessment

Internal

Part	Content	Rate
Home Economics	Practical – Food Preparation Practical Exam	30%
	Theory – Discussion and presentation / coursework / homework / quizzes	20%
Needlework	Practical – Dress Making	30%
	Theory – Discussion and presentation / coursework / homework / quizzes	20%

評估方法

校內

部分 (常分)	內容	比重
家政	實習 – 食物烹調 實習考試	30%
	理論 – 課堂討論及匯報/日常課業/家課/測驗	20%
針黹	實習 – 衣物製作	30%
	理論 – 課堂討論及匯報/日常課業/家課/測驗	20%

Learning Activities 學習活動

Students are having Home Economics lesson, they will learn both Chinese and Western dishes. 學生正在上家政實習課，他們會學習中西菜式。





Below are students' Needlework articles. 以下是同學們針黹科的製成品。





