

## **Senior Leadership Training Day 2019-2020**

In order to cultivate team-spirit and equip students with leadership skills, a senior leadership training day camp was organised for 33 student leaders at Hong Kong PHAB Association Jockey Club PHAB Camp on Pok Fu Lam Road on 7 September, 2019.

They took up a number of challenging adventure-based tasks, such as a series of ice-breaking activities, including arm-leg brotherhood and escape from devil in water. Guided by five teacher advisors and three coaches from the campsite, the trainees had to work together to solve problems and complete the challenges so as to make them realize the importance of team building.

A questionnaire was done immediately after the training and the results were overwhelmingly positive, with 88% of the student trainees giving 8 to 10 marks (the maximum is 10 marks) for the training camp.